



Bellringer

Echoes from the Sock Hop



**More Pictures
On Page 3!**



"The Sock Hop was great. Terrific food and lots of fun"
- Rich Olmer

Contact Us!

St Luke's Episcopal Church
www.stukesequim.org
stlukes@olypen.com

525 N. 5th Avenue
PO Box 896
Sequim, WA 98382

Church Office

360-683-4862
Hours: 8am—4pm
Monday through Thursday
Fridays 9am to noon

Father Bob Rhoads

Cellphone for emergencies
460-9135
frbob@olypen.com

Worship and Study

Sunday

8am Holy Eucharist
10 am Holy Eucharist

Nursery care and Sunday School at 10am service

Tuesday

8am Holy Eucharist

Wednesday

8am Holy Eucharist, Sermon and Breakfast
10am Jesus and the Gospels

Thursday

8:30am Bible Study
10:30am Bible Study
11:30am Centering Prayer

Greetings from Father Bob

Almost every week I receive some sort of compliment for St. Luke's and our ministry in Sequim. It may be in appreciation for the buildings; the beauty of the church, parish hall or kitchen. It may be in thanks for a warm welcome on Sunday morning. Each month we receive at least one letter or card in thanks for the Bread Ministry and prayer quilts. Much of the time these are expressions of gratitude for you and what we do as a community, and I receive them as a representative of St. Luke's.

The thanks often come from newcomers, residents in the area, people who use the parish hall, or tourists. Each time I am reminded of how very fortunate we are. Certainly, I am proud of St. Luke's, but my primary response to such praise is one of gratitude. I realize that I am receiving a compliment as the Rector for you and your ministry. I always try to recognize the people who are responsible and involved in the particular ministry, and if possible, to pass along what I have heard.

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A Message of Thanks ... from Rev Jayne

Dear friends:

Diane Bergsland is the most efficient secretary/administrator that I've ever met in churches! I asked her how much time I had to write a "Thank you" for such a wonderful "Retirement Tea" on April 27. Well, the *Bellringer* was written, printed and had been mailed! This is my late "Thank You" for such a great afternoon.

The ladies of the church bring such "yummy" goodies for special occasions. The tables are always arranged with linens and flowers. I truly didn't expect such a day. I had told Fr. Bob that I didn't need all that. I just wanted the opportunity to thank the congregation for their encouragement as I traveled back and forth to Seattle every other Saturday for what seemed like ages. Many of you recall the bus trans-

portation for those of you who wanted to attend the ordination, It was a joy to have you there.

The tea on April 27 drew so many of you. I was thrilled to see so many of you attend. The hugs were wonderful! The kind words that came with the hugs. The cards numbered 117! What fun to read the printed messages and especially the notes you wrote. Thank you for breakfast at the Oak Table. Thank you for bread from Pane D'Amore, a box of chocolates, two Willow Tree angels, and the lovely cross with the engraving, "May God hold you in the palm of His hand." I've searched in several books to find that phrase as well as the Bible. I called Fr. Bob and asked him. Without hesitation he said, "It's in an Irish hymn." Gracious! We attended the Anglican Chapel on the Royal Naval Base "Sea Eagle" in Londonderry, N.I. for two years and 10 months. I'll begin a search for the entire hymn; after all, I am a mixture of Scots and Irish!.

Thank you all for making St. Luke's congregation such a wonderful family of love and friendship offered to any who enter our sanctuary. We'll be in Sequim, so we'll see you in Church!

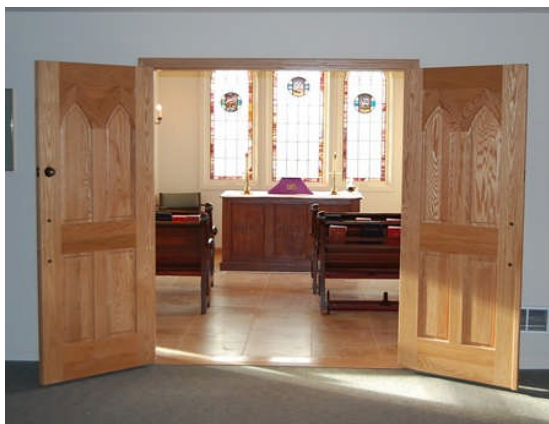
May God hold each of you in the palm of His hand.

Jayne Gott

"I was thrilled to see so many of you attend. The hugs were wonderful!"



All are Welcome Here



St Luke's Episcopal Church

Mission Statement

St. Luke's Parish is an inclusive Christian Community dedicated to spiritual growth, healing and compassion through our worship, hospitality and ministry to the larger community

More Sock Hop Pix...

"What a fun time for lots of us kids"

- George & Claire Alkire



From Father Bob...

Continued from Page 1

Sometimes, when you are actively engaged in something, the challenges and energy required can prevent you from seeing the bigger picture. The fact is that whatever ministry you do, either inside or outside the church, makes a difference in someone's life. You may think it is a small thing, but for others it can be very different. Sometimes we touch people in ways we do not realize. Even a simple kindness, a smile, a friendly face, or somebody who cares can mean a great deal. When it is apparent and when it is not, we need to be reminded that every ministry makes a difference and each member of this community contributes something for which we are all grateful.

Churches, like individuals, develop a personality over time. What they do becomes part of who they are,

and their actions influence their character. The ministries in this parish not only affect those who receive them, they also shape us over time.

If you want to be more compassionate and caring, consider becoming involved in pastoral care. If you want to grow in your spiritual life, consider serving at the altar, joining us for a weekday Eucharist, Taize or Centering Prayer. If you want to be more connected to others, think about the men's or women's spirituality group, the bazaar workshop, or the men's club.

The blessings of ministry flow both directions.



"Sometimes we touch people in ways we do not realize.."

A Proud Choral Season *by Lorraine Martin, Music Director*

"If we have richly elevated your spirits or inspired needed introspection, we are grateful to God for giving us direction."



To the members and friends of St. Luke's Church, I am deeply thankful for the support you have given to our outstanding choir and to me. Through music, we have passionately worked each week to deliver a message of hope, comfort, joy, faith and peace. We view our music as a means to enhance our beautiful Episcopalian liturgy. From August 4, 2009 to the present, St. Luke's Choir has enthusiastically devoted their energy to masterfully accomplish compositions from many historical periods, cultures and styles. If we have richly elevated your spirits or inspired needed introspection, we are grateful to God for giving us direction.

Although we will not hold regular rehearsals in June and July, expect to hear interesting solo and ensemble presentations. Whether the singer contributed his or her talent on a single occasion or over the entire choral season, please join me in praising each participant who eagerly endeavored to make The Bishop's Visit, Thanksgiving, Lessons and Carols, Christmas, Memorial Services, Lent, Easter, and/or Baptisms, more meaningful and memorable:

Pat Andrews, the late Iola Arthurs, Carl Baker, Diane Bergsland, Paul Bergsland, Carolyn Braun, Ray Braun, Oda Dammeier, Nancy Drew, Ken Finger, Don Freeman, Marilyn Freeman, Paige Green, Christine Hill, Dottie Howard, Nancy Jones, Carl Kaiser, Sue Kaiser, LaNice Korus, Laura Lanka, Valerie Lape, Bob McCauley, Rob Onnen, Milton Patrie, Sherrie Raber, Charlotte Rocheleau, Ridelle Roper, Kara Selby, Jim Selby, Tracy Williams, Karen Williamson, Lou Yandell and the late William Yandell.

We are especially appreciative of Ray Braun and his guitar selections during communion. I am indebted to all of our singers and instrumentalists who attended additional rehearsals and meetings, prepared solos, and took on extra responsibilities for special programs. The addition of Father Rhoads on guitar, Kate Dean on violin and Carolyn Braun on violin, helped our music to soar to a higher dimension.

With a smile and good humor, Diane Bergsland efficiently takes care of our choir's administrative needs. As Sunshine Chair, Nancy Drew always selects the appropriate card or perfect gift. Nancy also demonstrates vast knowledge of our music library. Laura Lanka and Pat Andrews creatively organize our music. For special services, Lou Yandell arranges us in exacting choral processions. Carolyn Braun's ability to secure needed musicians is a gift. Thank you all.

Rehearsals will resume in August and St. Luke's Choral Season will commence in September. If you wish to make a commitment to the St. Luke's Choir, you are most welcome to join us. We invite your continued prayers.

Vestry Outreach – Getting Ready For School!

School ends on June 17, but September 8th will roll around very quickly. So it is not too early to start looking for sales for school supplies and clothing. I have spoken to the elementary school secretaries to ask them what schools really need for the kids during the school year. Those items are as follows:

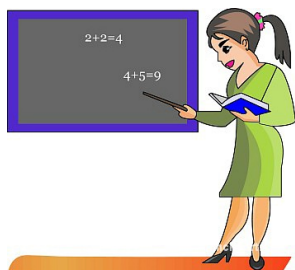
- ◆ Sweat pants in sizes 5-16 (especially sizes 5-8);

- ◆ boys and girls underwear;
- ◆ Ticonderoga #2 pencils; crayons and lined paper.

Save Box Tops & Campbell's Labels for Education!

In these difficult economic times, the church has to be creative in Outreach activities when there are no budgeted funds. Please remember to clip those Box Tops and save those Campbell's Labels for Educa-

tion from products you already buy! This is a win-win situation for you and the Sequim elementary schools who will receive these Box Tops and Labels. Every Box Top earns \$.10! The Labels help schools obtain free educational merchandise in exchange for proofs of purchase from Campbell's products.



Ministries & Ministers of St. Luke's

Rector	Rev. Robert Rhoads
Senior Warden	Virginia Reker
Junior Warden	Carl Baker
Clerk	Jim Aldrich
Treasurer	Jim Reker

Vestry	Debby Kubly	Klaus Hintermayr
	Virginia Reker	Tracy Williams
	Peter Loeb III	Ardyth Schaumburg
	Candy Olmer	Carol Francone

Acolytes	Candy Olmer	683-6861
Adult Education	Bob Rhoads	683-4938
Altar Guild	Nancy Drew	683-8616
Bazaar Workshop	Roberta Griset	681-0962
	Kay Schiller	683-0972
Bell Choir	Valarie Lape	
Boar's Head	Valarie Lape	
Bread Ministry	Jean Brown	683-7358
Building Committee	Dick Neal	681-7996
Choir	Lorraine Martin	417-6898
Columbarium	Dean Kennedy	681-3943
Cursillo	Christine Hill	582-0989
	Roger Uhden	681-7450
	Rich Olmer	683-6861
Daughters of the King	Janet McColl	683-3009
Environmental Concerns	Linda Aldrich	582-3038
Flower Ministry	Lyn Michalski	681-3556
Garden Project	Rich Olmer	683-6861
Helping Hands	Lyn Michalski	681-3556
Light Lunch	Kara Selby	683-2895
Library	Judy Kenyon	683-8768
Little Sisters of St. Clare	Sister Mary Agnes	683-7048
Military Quilts	Barbara McCauley	797-2106
Men's Club	Roger Uhden	681-7450
Music Live with Lunch	Carolyn Braun	452-0495
Newcomers	Peter Loeb & Laura Lanka	504-2247
Organist	Lorraine Martin	417-6898
Outreach	Debby Kubly	681-3020
Prayer Chain	Dottie Nicassio	681-8048
Publicity	Candy Olmer	683-6861
Quilt Ministry	Tracy Williams	461-1483
Sunday School	Ted Bedford	683-6376
Stewardship	Klaus Hintermayr	797-7173
Taize	Pam Bedford	683-6376
Ushers	8 am Jim Grau	683-3931
	10 am Rich Olmer	683-6861
Women's Spiritual Group	Sue Clary	683-3552
Worship	Sally Sue Barry	683-6151

St. Luke's Parishioners who need our prayers:

Cathy Sneath	Petie McCrudden
Maxwell Anderson	Glen Terrell
Richard Godfrey	Cory Gallafant
Don Newberg	Frank & Jean Greenwell
Hardyn Soule	Sheila Cope
Virginia Woolf	Jim Boone
Tom Santos	Belinda Auld

Prayer Concerns, Family & Friends of St. Luke's

Mary Marzke (Braun)	Bob MacDonald, Faye Moynier, Suzanne Simmons (Greenwell)
Bea Jackson, Al Rector, Nancye, (Round)	Pari Gill
Josh, Leslie, Erin, Rebelah (Schmidt)	Dotti Haidal
Paul Pederson, Mary Bogaert,	Joe Nicassio (Dottie's son)
Dan & Jan Heming, Anne Kernott (MacDonald)	Elizabeth Cisneros
Kave & Joyce Sauers	Phil Howell
Bob (Jane)	Ray & Jane Apple
Loraine LeGlaire	Michael Mullins
Kevin Neilson	Sasha Kelly (Bridget Moore)
Harry & Mary Jo Goldsmith	Malcolm & Priscilla Dunn
Kyla Burt	Nelson Davis
Colin, Pat Gamwell, Philip (McCrudden)	Jenny Steelquist (M Platt)
Pam Sekaros & Bill Hoxsie; Jay and family (Sell-Lee)	Carl Pearson, Kathy Sands (Evans)
Kit Moore	Barbara Crandell
Brigitte Buckley	Jennis & John Thomas (Klaus)
Arlene Brewer	Robert Sherrod
Lorna, Carole (Sally Sue)	Katrina Howell (Slyh)
Shirley Kitpatrick	Barbara Crandell
Vicki Rynd & family	Victoria Martin Moran & Wayne Hamilton Martin (Martin)
Michael Kamaka (Grau)	Yolanda Brandon
Melinda Nobe	Bob Rae
Charla Sowden	Cory Gallafant
Mary Waite	Mark Ledbetter and 55th Rescue Squadron
Holly Pierce	
Phyllis Bailey	
Edith & Susan (Godsey)	
Larry Watters	
Penny Tremlin (J Shell)	
Sue Petrie	
Judy Easley	
Deven (Chisham)	

If there are names that can be taken off this list, please let Diane know. We would like to keep it up to date

Announcements, Events and Reminders

A warm thank you ... for the support you have shown me during all the changes in my life the past two years. A special thank you to those who attended my mother's memorial party and/or sent cards. The lyrics "You'll never walk alone" are true when you are part of the St. Luke's family.

Tracy Williams

the questions she'll discuss are: should we expect changes in the atmosphere as a result of this thawing? What unexpected effects might these changes have worldwide? Learn about new polar research through Sarah's stories and photos of recent expeditions to northern Alaska. For more information, call Pamela Godsey at 681-3921

Concert for Earthquake Relief

A concert for the benefit of the earthquake victims will be given by the "Altissimo" Flute Choir, directed by Sharon Snel; the Singing Men of God Men's Chorus, directed by Viletta Skillman; and the Glad Tidings Handbell Choir, directed by Judy Johnson. The benefit performance will be at Sequim Community Church in the main sanctuary, **Sunday, June 13, 7:00 pm**. Come enjoy an unique musical performance and help provide for those in need. Ticket donation \$10, \$20 family. Tickets may be purchased at Bauer Interiors (119 N. Sequim Ave.) and Sequim Community Church Office. For more information call Laura Anderson at 683-6752.

Defrosting the Earth's Freezer: Thawing Landscapes and Climate Change in the Arctic

The St. Luke's Environmental Study and Action Group invites you to join them and hydrologist Sarah Godsey on **Saturday, June 5 at 9:00 am** in the Parish Hall. Sarah is a scientist who studies water – where it flows, how long it takes to get there, and what it picks up along the way. She recently finished her Ph.D. at UC Berkeley and is visiting Sequim en route to the Arctic for the summer.

The Earth is warming and frozen soils in the Arctic are thawing. Sarah will explore how this permafrost thaw affect rivers and lakes. Among

Ministry Information Sundays

There are currently over 40 ministries here at St. Luke's. To assist you in getting acquainted with these ministries and provide an opportunity to ask questions, we will have one ministry represented each Sunday in the Parish Hall after both the 8am and 10am services. This is your chance to learn about the ministries and decide which may interest you. Please stop by after the service and get informed. (Virginia Reker, Sr. Warden)

Do you ever wonder what you "should" eat?

Here are a few suggestions from Michael Pollan's *Food Rules* for healthy eating.....meaning that not only are you taking care of your body but also that less petroleum and chemicals are being consumed and thus there is less pollution of the planet....

- ◆ Don't eat anything your grandmother wouldn't recognize as food;
- ◆ Avoid food products containing ingredients that a third-grader cannot pronounce;
- ◆ Eat foods made from ingredients that you can picture in their raw state or growing in nature; and
- ◆ Have a glass of wine (*preferably from the northwest*) with dinner



Birthdays in June:

- 1 Jean Hicks
- 4 Karen Williamson
- 5 Carl Baker
- 6 Jean Terry
- 10 Sam Sutherland
- 12 June Gibbon
- 13 Linda Neal
- 16 Paula Slyh
- 17 Robert MacCauley
- 18 Dorothy Murphy
- 19 Chloe Morton
- 20 Paul Slyh
- 21 June Shell
- 24 Jim Reker
- Patricia Andrews
- Linda Edmond
- 25 Carolyn Braun
- 27 Charlie Johnson
- 30 Barbara Van Vorst
- Andrew Davis

Events at St. Luke's

- ◆ ALL Saturdays 11:30am Light Lunch
- ◆ June 1 11am Environ. Study Grp.; 1pm Daughters of the King
- ◆ June 2 1:30pm Bread Brigade
- ◆ June 5 9am Climate change presentation
- ◆ June 6 9am Pancake breakfast
- ◆ June 7 8am Men's Spirituality
9am Bazaar Workshop
- ◆ June 10 4:30pm Vestry mtg.
- ◆ June 13 Food Bank Sunday; 1pm Regional Meeting Convention
- ◆ June 14 9am Bazaar Workshop
- ◆ June 16 2pm Christian Ed mtg
- ◆ June 17 5:30 Sunday School Pizza Party
- ◆ June 21 9am Bazaar Workshop
- ◆ June 22 9am Women's Spirituality Group
- ◆ June 23 4pm Taize Service
- ◆ June 28 9am Bazaar Workshop;
9:30am Pastoral Care Helping Hands

June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Financial Wrap-up – May 2010

Pledges for the month—actual	\$20,719
Pledges for the month—budgeted	\$23,239
Pledges year actual	\$92,098
Pledges year to date—budgeted	\$92,956
Expenses for the month—actual	\$32,278
Expenses for the month—budgeted	\$27,140
Expenses year actual	\$114,707
Expenses year budgeted	\$108,563

Join a Foyer Group!

For a meaningful, enriching, fun experience join a foyer group-----We participated in 4 different groups in another parish and going to a foyer dinner was always enjoyable and the highlight of the month. A foyer group is made of a variety of folks--couples, singles, newbies, oldtimers, young, old-----a mix of people who don't know each other.

For all you doubters here's a list of lame excuses that have been tried and proven to be invalid: "I'm shy; an introvert who is uneasy around groups of people; not interested in a study group; don't want to sit around and talk religion; don't drive at night; don't like to go out at night; house is too little." Foyer groups work at adapting to everyone's needs, so come join. You'll be surprised how much fun you'll have. Interested? Pat Oden (681-3317) has more information.



Vestry Outreach – Getting Ready For School!

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Where are Box Tops found? Here are a few examples... Ziploc storage bags, Cheerios, Fiber One, Betty Crocker products, Avery Office supplies, Total cereal, Cottonelle products, Green Giant veggies, Hefty waste bags, Kleenex.

Labels for Education can be found on Campbell's soups, V8 juices, Swanson products, Pepperidge Farm products and Prego Italian sauces.

Save those Box Tops and Labels and bring them to church. The clearly marked canister marked "OUTREACH" will be on top of the piano in the Parish Hall.

Please call Candy Olmer, Vestry contact for Outreach at 683-6861, if you have questions. Thank you in advance for your support of the schools!



St Luke's Episcopal Church
525 N. Fifth Avenue
PO Box 896
Sequim, WA 98382

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